the YMCA

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AFFORDABLE FOR ALL

2019/20 Membership Rates
YMCA OF GREATER OMAHA

MEMBERSHIP TYPE	STANDARD MONTHLY RATE
Single Memberships	
Young Adult (Ages 19-29)	$31
Adult (Ages 30-62)	$42
Senior (Age 62+)	$37
Household Memberships	
1 Adult + Household	$66
2 Adults	$67
2 Adults + Household	$76
2 Seniors	$61
2 Seniors + Household	$67
3 Adults + Household	$94

* Household includes dependent children 23 and under
* All account members must reside in the same house

Optional Add-On: Adult Only Steam & Sauna Locker Room
$15/month per adult (In the Downtown YMCA)

YMCA OF GREATER OMAHA

We have 10 YMCA locations in the Omaha, Valley, Glenwood and Council Bluffs area!

Armbrust YMCA
5404 S. 168th St.
Omaha, NE 68135
P: 402-896-4200

Butler-Gast YMCA
3501 Ames Ave
Omaha, NE 68111
P: 402-453-8903

Charles E Lakin YMCA
235 Harmony St.
Council Bluffs, IA 51503
P: 712-322-6606

Downtown YMCA
430 S. 20th St.
Omaha, NE 68102
P: 402-341-1600

Maple Street YMCA
7502 Maple St.
Omaha, NE 68134
P: 402-393-3700

Mills County YMCA
110 Sivers Rd.
Glenwood, IA 51534
P: 712-527-4352

Sarpy Community YMCA
1111 E. First St.
Papillion, NE 68046
P: 402-339-9861

Southwest YMCA
13010 Atwood Ave.
Omaha, NE 68144
P: 402-334-8487

Twin Rivers YMCA
6100 Twin Rivers Circle
Valley, NE 68064
P: 402-359-9622

YMCA Healthy Living Center
714 S Main St
Council Bluffs, IA
P: 712-323-5995

www.metroymca.org

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HERE FOR OUR COMMUNITY

YMCA OF GREATER OMAHA

MEMBER BENEFITS

- Access to ALL YMCAs within the Greater Omaha area.
- FREE group and water exercise classes.
- FREE active older adult program.
- FREE Get Started Program - Includes 2 FREE 1-on-1 sessions with a personal trainer.
- FREE drop in childwatch while you workout.
- FREE childcare during a monthly Parent's Night Out
- Reduced rates on swim lessons and youth sports.
- Reduced rates on other specialty classes and programs.
- Priority registration for programs.
- Lap and family swim time.

Please visit www.metroymca.org for more information on your local YMCA or stop in for a tour!

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JOIN THE Y TODAY!
PAY NO JOINING FEES
($49 value)

Sign up for convenient payroll deduct in your Human Resources Department today!